

Our mouth gets us into more trouble than just about anything else. You can't go around telling people off, saying hurtful things, and expect to step into the fullness of what God has for you. Often, it's not big things that are keeping us from God's best; it's not some big sin or big mistake. It's the small things.

The apostle Peter said that if you want to enjoy life and see good things, say nothing evil or hurtful. How much higher would we go if we didn't want to always have the last word or always be right, but just quietly keep honouring God, being respectful and dignified, and staying on the high road? When David faced great opposition and had plenty of opportunities to lose his temper and tell people off, he prayed a great prayer in Psalm 141: "Take control of what I say, O Lord, and keep my lips sealed." Make that your prayer every morning.

1 Peter 3:10 "...Whoever wants to embrace life and see the day fill up with good, here's what you do: Say nothing evil or hurtful..."