

Are you worried about your health, finances, family or future? Even when all is well, some believers still worry, but Jesus does not want you to worry about what you will eat or drink, or about your body and what you will wear. He tells you not to worry about your daily provisions because God, who is your Heavenly Father, knows that you need all these things and He wants to add these things to you. (Matthew 6:32-33)

God is the same God who took care of the children of Israel in the wilderness, feeding them with manna every day for 40 years! (Exodus 16) Under His care, His people had no lack. When the people wanted meat for dinner, He simply rained quails on them! (Numbers 11:31-32) The children of Israel only had to pick them up. If they had gone to look for meat themselves, they probably would not have found any in the desert.

The problem with us today is that we think that we must do something to help ourselves. Some of us may even think that it is easy for Jesus to say, "Don't worry. Take no thought for your life", because He does not understand the problems we face in life. The truth is that Jesus completely understands the problems we face in life. In fact, He faced the 'final problem' - death. Death is the 'final problem' because it puts an end to all our other problems. Jesus faced death at the Cross, conquered it, and rose from the dead. It is because He conquered the problem of problems that we can trust Him completely when He tells us not to worry!

Matthew 6:25 "Therefore I say to you, do not worry about your life, what you will eat or what you will drink; nor about your body, what you will put on. Is not life more than food and the body more than clothing?"