

George Müller, who lived in the 1800s, cared for about 10 000 orphans in total in his 5 large orphanages. Nevertheless, he never allowed his huge responsibility to take him away from the Word of God. He said that every day, he would set aside time to study the Scriptures until his inner Man was happy in the Lord.

Once, Müller met a man who worked between 14 and 16 hours every day. He told the man, "You are destroying your health. You don't have time for your family and, most importantly, you don't have time to nourish your inner Man with the Word of God." The man replied, "I hear you, but I can't see how I can cut down my working hours and spend time in the Word because even with the 14 to 16 hours I put in each day, I still can't put enough bread on the table for my family." As the man walked away, Müller said, "He doesn't believe that if he gives time to God's Word first, God will take care of all his needs."

Likewise, do you really believe that every day, only one thing is needful? That you spend time in the Word of God. When Martha complained to Jesus that her sister Mary had left her to serve alone (Mary was sitting at Jesus' feet and hearing His Word), Jesus defended Mary by saying, "Martha, Martha, you are worried and troubled about many things. But *one thing is needed*, and Mary has chosen that good part, which will not be taken away from her." (Luke 10:41-42) You will never lose out when you take time to sit down and listen to God's Word. Even your health and well-being will be blessed. (Proverbs 4:22) So take time today to meditate on His Word. It will make your way prosperous (Joshua 1:8-9), and give you divine health and good success!

Proverbs 4:20-21 "My son, give attention to My words; incline your ear to My sayings. Do not let them depart from your eyes; keep them in the midst of your heart."