

Jesus saw a woman in the synagogue who had been crippled for 18 years. She was bent over and unable to stand up. It's significant that He described the infirmity as a 'chain', which bound her. He touched her, and instantly she was healed.

We all have forces that are trying to hold us back, 'chains' of bondage that restrict us. Chains of guilt - beating yourself up for past mistakes. Chains of depression - a dark cloud follows you around. Chains of low self-esteem - you never feel good about yourself. You were not created to be bound, whether it's by loneliness, by shame, or by negative words spoken over you. The good news is that our God is a chain breaker, and He is saying, "This is your time to be free. It is not your pre-ordained destiny in Christ to go through life with something limiting you. Every chain that's holding you back is being broken." Hallelujah!

Luke 13:16 "Should not this woman, a daughter of Abraham, whom Satan has kept bound for eighteen long years, be set free on the Sabbath day from what bound her?...."