

It's easy to hide things in our lives, and let people see only what we want them to see. All the heroes of faith in the Scripture had their weaknesses and failures. Everyone has faults and issues.

If you are struggling in an area of your life today, there is no shame in asking for help. The problem is that we think we are supposed to be perfect, and therefore can't let anybody know we have a bad habit, an addiction, or a struggle. We would be ashamed or embarrassed if others knew. Today's Scripture tells you to not let this wrong thinking keep you isolated. Real healing begins when we get honest before God and others. There are some things that you cannot overcome on your own. You need to find somebody to stand in faith with you, a person of integrity whom you can trust to walk with you through it. Get it out in the open. Don't let the fear of what other people think keep you from your breakthrough or miracle.

James 5:16 "Admit your faults to one another and pray for each other so that you may be healed."