

Imagine being a poor widow, a stranger in the land and holding one of the lowliest jobs in society. That was Ruth's situation, so it would have been easy for her to feel vulnerable and defenseless. However, because she trusted the Lord (Ruth 1:16), He placed her under Boaz's protection. Boaz, the owner of the field she worked in, commanded his young men saying, "Let her glean even among the sheaves, and do not reproach her." (Ruth 2:15) What he was saying to his men was this: "She might be a gleaner, but because I care for her, treat her with respect and make sure she is not put to shame."

Boaz is a picture of our Lord Jesus. If you are feeling vulnerable and defenseless right now, imagine Jesus commanding His angels, "Watch over this one who belongs to Me. Make sure he / she is treated with respect and not put to shame because he / she is someone I love and someone whom I died for." God's Word tells us that if God is for us, who can be against us? (Romans 8:31) No-one and nothing coming against us can prevail, because when God is for us, His protection is upon us. When you defend yourself, you have only your two hands and your own human resources. However, when you let Jesus take up your defense, He defends you with His nail-pierced hands and His legions of angels! The results will be amazing. The Lord is your defense and refuge. Trust Him to always defend and provide for you!

Psalms 94:22 "But the Lord has been my defense, and my God the rock of my refuge."