

It's great when people encourage and help us, and make us feel valuable and appreciated. God uses people to help move us toward the fullness of our pre-ordained destiny in Christ, but you should not become so dependent on people that you end up trying to get your worth and value from them. It becomes easy to rely on them to keep you feeling good about yourself and make you feel approved. However, if they don't give you their approval and meet your expectations, you will feel discouraged and inferior, and work overtime to try to win their approval. The problem is, you are trying to get from people what only God can give. Your value, your self-worth doesn't come from another person - it comes from your Creator. God defines you, not Man!

Jesus knew better than to rely on people. What they do or don't do doesn't determine your worth, and cannot stop your purpose. So stop depending on others' approval, and start approving yourself. Know who you are in Christ!

John 5:41 "Your approval means nothing to me."