

You may know that Jesus (God) cares for you and loves you, and that He demonstrated His love for you by dying on the Cross for you, but do you believe it? It is one thing to *know* about the love that God has for you, but another thing to actually *believe* it in your soul and spirit. It is one thing to know that the sun shines on us during the day, but it is another thing to believe that the sun is still shining even though we don't feel its warmth, and all we see are dark clouds. Sometimes we struggle to believe God's love for us when we are going through a difficult and challenging time. God wants you to know and believe that He loves you in the midst of all the adversity you face. In the midst of the pain, He wants you to know and believe that He is wholly on your side, defending and taking care of you. If God, the most powerful being in the Universe, who created the entire Universe, is for you, then no-one and nothing can come against you successfully.

Perhaps you feel like you have messed up big time. God wants you to know and believe that though others may be angry with you, He will never be angry with you. Neither will He condemn you. The sum total of His anger against your sins fell upon Jesus at the Cross, so He wants you to know and believe that He will never punish you, because Jesus was punished in your place. When you feel unworthy because you have just blown it for the umpteenth time, know and believe that your Heavenly Father still offers you the gift of no condemnation. So come boldly to His throne of grace to obtain mercy and find grace. (Hebrews 4:16) Know and believe that since He loved you and died for you while you were still a sinner (Romans 5:8), how much more is His love for you now that you are His beloved child and the righteousness of God in Christ! (2 Corinthians 5:21)

1 John 4:16 "And we have known and believed the love that God has for us..."