

God knows every battle, every temptation, and every challenge you will ever face. He has not only put it under your feet, but He has armed you with strength for that battle. You are a warrior, a victor and not a victim. He has already equipped you. You are full of can-do power.

Stop telling yourself: "This is too much. I can't handle it." The greatest force in the Universe, God, is breathing in your direction. Tap into that power and start declaring, "I can handle this. I am well able. I can do all things through Christ who strengthens me. I am strong in the Lord."

2 Samuel 22:40 "You have armed me with strength for the battle; You have subdued my enemies under my feet."