

You are where you are today in part because of what you have been saying about yourself. Words are like seeds. When you speak something out, you give life to what you are saying. If you continue to say it, eventually it will become a reality. Whether you realize it or not, you are prophesying your future. It's called a self-fulfilling prophecy. That is great when you are saying: "I am blessed. I am strong.", but it is not great when you are saying: "I will never get a break. I'll never find a job." Your life moves in the direction of your words.

Think of your words as seeds you are planting. At some point, you are going to eat fruit from the exact seeds that you have been sowing, so make sure you are planting the right seeds. In other words, you can't talk negatively and expect to live a positive life. If you don't like what you are eating, start sowing seeds of abundance and increase, and you will reap a harvest of good things.

Proverbs 18:21 "The tongue has the power of life and death, and those who love it will eat its fruit."