

Your words are powerful. What you speak over yourself can change your life. If you desire to love life and see good days, all you need to do is to refrain your tongue from speaking evil. It sounds simple. In fact, you may even contend that it is *too* simple. How many of us truly believe that our tongue wields so much influence and power over our future, even our day-to-day living?

The tongue seems minute and insignificant compared to the rest of our body. How can such a little organ, which doesn't have any skeletal support, have such a direct and pronounced effect on our future? Yet the Bible reminds us not to despise the tongue simply because it is small: "Look also at ships: although they are so large and are driven by fierce winds, they are turned by a very small rudder wherever the pilot desires. Even so the tongue is a little member and boasts great things." (James 3:4-5) In the book of Proverbs, Solomon also declares: "Death and life are in the power of the tongue, and those who love it will eat its fruit." (Proverbs 18:21) It is clearly evident that God does not want you to underestimate the power of your words! Notice that Apostle Peter's quote was made in the context of our relationships with people. As you have been transformed by the gospel of grace, God also wants to transform your relationships with people. These people would be your spouse, children, parents, relatives, friends, work colleagues, employer, business associates, and any other person you come in contact with.

The original Greek word for "blessing" in 1 Peter 3:9 is *eulogeo*, which means "to speak well of", and is where we get the English word "eulogy". That is the key to speaking a blessing! Every time you speak well of something or someone, you are blessing that thing or person and being a blessing too! So speak well of your marriage, your children, your family, and your friends. That is how you bless, and become a blessing, everywhere you go. Bless your body too, by speaking well of it - don't keep saying it's getting old! Speak well also of your relationship with the Lord. Call yourself the beloved of the Lord. Declare His protection, favour, and righteousness over you and your loved ones, and you will begin to experience His blessings like never before. Every time you speak His blessings over your life, you are taking possession of your blessed place in Christ.

1 Peter 3:8-10 "Finally, all of you be of one mind, having compassion for one another; love as brothers, be tenderhearted, be courteous; not returning evil for evil or reviling for reviling, but on the contrary, blessing, knowing that you were called to this, that you may inherit a blessing. For "He who would love life and see good days, let him refrain his tongue from evil, and his lips from speaking deceit.""