

## **Natural vs spiritual**

We are spiritual beings (that is your true essence), so the only true fulfilment comes from an intimate and dynamic relationship (which is unique and very personal) with God your Creator. By God I mean the triune God, namely Father, Son (Christ) and the Holy Spirit. The pleasures (money, food, sex, cars, houses, success / power / status) of this life are fleeting, distracting and deceptive. Eternity is the true 'ultimate', and in terms of duration will make this life seem like a heartbeat by comparison! Quality wise, it will also be a million times (that's being *very* conservative) better and longer-lasting than your greatest natural realm 'high'.

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