

Jesus is the bread of life and the living water. No matter how busy you get, it is prudent not to neglect 'feeding' on His person. You may be asking yourself: "How can simply listening about Jesus change things in my life and circumstances?" The truth is, the things of God are really not complicated. Just think about the woman who suffered from hemorrhaging for 12 years. Simply hearing about Jesus and His grace infused her with so much hope, so much faith, and so much courage, that she was able to receive the healing she had started to believe for. Therefore, don't underestimate the power of hearing about Jesus just because it sounds simple.

There is a beautiful verse in Psalms that says: "Teach us to number our days, that we may gain a heart of wisdom." (Psalm 90:12) Do you want to know the secret of numbering your days, and not allowing a single day of your life to be put to waste? The key is found in verse 14, where it says: "Oh, satisfy us early with Your mercy." The word "mercy" here is the Hebrew word *hesed*, which means God's grace. God is telling us to be satisfied every day with His grace. Being satisfied is the key principle. Feed on Him until your heart is full and satisfied with His grace. It is really not about the duration or how much, but your level of satisfaction. Enjoy God's presence daily. He loves having a relationship with you, and wants to fill your heart with His grace, mercy, peace, hope, wisdom, knowledge, and joy.

John 6:35 "Then Jesus declared: "I am the bread of life. Whoever comes to Me will never go hungry, and whoever believes in Me will never be thirsty.'"