

When the Israelites were in the desert headed toward the Promised Land, God gave them a fresh supply of manna every morning. It only lasted for one day, but some didn't listen and tried to hold on to the old manna, and it spoiled.

When you hold onto old manna - what God used to do, friends who were right for a season, a job that you are afraid to step away from - it spoils. It won't feed you. You won't grow. Maybe you have enjoyed a friendship for a time, but you realize you have outgrown the relationship. Or what used to challenge you about your career doesn't challenge you anymore. You feel God telling you to stretch, to get out of your comfort zone, but you are afraid. You wonder why you are not passionate, why you are not growing. It is because that manna is old; it is not feeding you. God has new beginnings. He is a God of freshness. The manna was temporary provision. God has new provision coming. Don't hang on to the old.

Exodus 16:19-20 "Then Moses said to them: "No-one is to keep any of it until morning." However, some of them paid no attention to Moses; they kept part of it until morning, but it was full of maggots and began to smell. So Moses was angry with them."