

There are times when we feel overwhelmed by a loss, by a sickness, or by being treated unfairly by someone, and we say: "I can't take the stress, the worry, the demands. It's too much to handle." But God wouldn't be a just God if He didn't design you with exactly what you need. In today's Scripture verse the apostle Paul says that God will never let you face more pressure than you can handle. He will always make a way of escape so you can bear it.

Now you can choose in your mind to give up and think: "I can't do this", or you can choose to "not faint in your mind". (Hebrews 12:3) Your inner design is strong enough, now get your mind strong enough. Stop telling yourself: "It's too big. It's been this way too long. I can't take it anymore." You are well able. No weapon formed against you will prosper. That difficulty didn't come to stay, it came to pass. Be strong and of good courage, for the Lord your God is with you.

1 Corinthians 10:13 "No temptation has overtaken you that is not common to Man. God is faithful, and He will not let you be tempted beyond your ability, but with the temptation He will also provide the way of escape, that you may be able to endure it."