

Fear is a destructive bondage. Fear paralyzes you and prevents you from fulfilling the amazing pre-ordained destiny that God has for you. Fear makes you feel inadequate and insecure, and comes with unhealthy side effects ranging from panic attacks to sleep disorders. Fear is irrational. Fear is a spiritual condition, which is why you cannot reason fear away. You cannot simply tell someone who is struggling with fear and gripped by panic attacks to just stop being fearful. A spiritual condition cannot be remedied naturally. Fear can only be eradicated by a personal encounter with the person of Jesus.

Your heavenly Father does not want you to live tormented by fear. There is no fear in God's love. His perfect love drives out all fears. John 3:16 tells us: "For God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish but have everlasting life." How clearly this verse proclaims that God *so* loves you. If you only knew how much He esteems and treasures His beloved Son, you would catch a glimpse of how much He loves you, because He gave up His Son for you. The gospel of grace is all about unveiling God's perfect love - a love whose length and depth and height were demonstrated at the Cross. A love that gave up the Son of God as a sacrifice. A love that bore your sins and mine so that we can receive His everlasting life and live free of any bondage. The more you immerse and anchor your heart on God's perfect and unconditional love for you, the more fear will lose its hold on your life!

1 John 4:18 "There is no fear in love; but perfect love casts out fear, because fear involves torment."