

People who believe erroneously that God is hard on them for their failures, will inevitably be hard on the people around them, and most of all, they will end up being really hard on themselves. They cannot forgive themselves for the mistakes they have made in the past, and end up punishing themselves, whether they know it or not. It is a vicious cycle of defeat. The more they cannot forgive themselves, the more they hurt themselves with all kinds of wrong behaviours, and the more they end up bound by various destructive addictions. This leads to even more guilt, which in turn drives them to punish themselves even more - and the cycle continues. The root cause of many sinful habits, fears, and addictions can be traced to condemnation. By going after condemnation as the root to help you receive God's forgiveness in those areas, you can break out of your cycle of defeat and step into a new cycle of victory.

Are you living with unresolved guilt and condemnation? When you realize that God's heart is not in condemnation but in forgiveness, your entire life can be turned around for His glory! Instead of punishing yourself for your mistakes and disqualifying yourself, begin to correct your beliefs and receive God's forgiveness by seeing Jesus taking on your punishment. You will then begin to see your Saviour qualifying you to receive every blessing from God for your marriage / relationships, health, family, finances and career.

So stop punishing yourself - your answer is found at the Cross of Jesus. When you turn to Jesus and remind yourself just how forgiven and righteous you are in Christ every time you fall short, you will start living like the forgiven and righteous person Jesus has made you.

Romans 8:1 "Therefore there is now no condemnation for those who are in Christ Jesus."