

Jesus said: "You shall know the truth, and the truth shall make you free." (John 8:32) Based on God's Word, right-believing is the key that unlocks the treasures of God in your life, giving you access to the fullness of His love, grace, favour, blessings, mercy and forgiveness. Jesus has already paid the price on the Cross. Therefore, what stands between you and your victory is your wrong beliefs. The battle has to do with your beliefs, and the real battlefield is the battlefield of the mind.

Satan knows that if he can control your thought life, he can manipulate your emotions and feelings. For instance, if he can make you have thoughts of guilt, failure, and defeat, you will begin to feel lousy about yourself, physically weak, and even depressed. Our emotions are flags that indicate to us what our thoughts are. Thank God for emotions. They tell us if something is terribly wrong with our thoughts. Many of us are not cognizant when our thinking slides down a slippery slope to fear, doubt, pessimism, and anxiety. However, God has designed us in such a way that we can quickly recognize our thinking through our emotions. Try this: whenever you begin to sense negative emotions, such as worry, fear, guilt, and anger, stop and ask yourself: "What am I thinking?"

Your emotions follow quickly on the heels of your thoughts. If your thoughts are negative, you will naturally produce negative emotions. Conversely, if your thoughts are positive in Christ, you will produce positive emotions. That is why there is a constant battle for your mind. Satan wants to keep your thoughts negative so that he can keep you defeated. He is a master of mind games, and he doesn't play fair. When he first tempted Adam and Eve in the Garden Of Eden, he made them doubt God's motives by insinuating that God was deliberately withholding something good from them, when in reality God was protecting them. Satan's strategy hasn't changed - he is still using fears, lies, accusations, guilt, and condemnation to ensnare believers today and to make them doubt God's perfect love, forgiveness, and superabounding grace and mercy.

Are there areas in your life that you are anxious and fearful about today? Realize that those anxieties and fears indicate the presence of wrong beliefs in your life that God wants you to be freed from. Replace those wrong beliefs with right beliefs based on God's Word, and you will eradicate them. Through the power of right-believing, you *will* win the battle for your mind.

Proverbs 23:7 "For as he thinks within himself, so he is."