

Praise is not just words; it is an attitude. Our life should be a praise to God. We should be grateful, thankful, have a smile, be good to people, and be passionate about our dreams. When you have learned the secret to bless the Lord at all times, you can be in a pit but nobody around you knows it. You are not sour or bitter. You don't have a chip on your shoulder.

Anyone can give God praise when things are going your way. But the test is, will you praise Him in the wilderness? Will you worship Him in spite of what is not working, praise Him in spite of who wronged you? The way you bless the LORD at all times is by your praise, by always finding something to be grateful and thankful for, by not dwelling on wrongs but thanking God for what is right. It is by not focusing on what you lost but thanking God for what you have left, and by not complaining about what is behind you but by being grateful for what is in front of you.

Psalm 34:1 "I will bless the LORD at all times; His praise shall continually be in my mouth."