

The only way to get fear out of your life is to cast it out, and the Bible tells us how: "There is no fear in love; but perfect love casts out fear, because fear involves torment." (1 John 4:18) You cast out fear by exposing yourself to the perfect love of God. Keep allowing His love to inundate you and drive out every fear. The Bible talks about keeping ourselves in the love of God. Instead of focusing on the pain or sickness in your body, keep yourself in His love. Set your mind on the infallible, inexhaustible, and perfect love of your Heavenly Father.

You have a God who loves you so much that He gave His only Son to die on the Cross for you. That is why you can always have rock-solid assurance you are loved by Him. The Bible defines His love for us like this: "God showed how much He loved us by sending His one and only Son into the world so that we might have eternal life through Him. This is real love - not that we loved God, but that He loved us and sent His Son as a sacrifice to take away our sins." (1 John 4:9-10) The Cross is everlasting proof of God's love for you. The Cross is the measure of how much He loves you. Never judge His love based on your circumstances. Satan can attack your circumstances, but he can never attack the Cross. Take your eyes off your circumstances and keep them focused on the Cross. That is where God's love for you was demonstrated once and for all, and is why you now need only rest and flow in the finished work of Christ.

Jude 1:21 "Keep yourselves in the love of God."