

When we pray, something supernatural occurs. Prayer is the most powerful posture we can take in this Earthly realm. When we pray, we connect the strongest part of ourselves with the strongest force in the Universe - the Spirit of God. When we open ourselves to Him, God's Spirit testifies with our spirit that we are His children. Prayer, then, is simply talking to our Father. It is spiritual fellowship and communion with God, and the reason why God created us. When you come to God with a childlike heart, there is no right or wrong way to pray. The important part is that you do it, not how long you pray for.

Remember, prayer is a privilege. Without Jesus, we wouldn't be able to come directly to God. We wouldn't be able to make our requests known to Him. We wouldn't be able to know peace that passes all understanding. Make prayer a high priority in your life. Put Him first and draw strength from the wonderful privilege we have in Him.

Romans 8:15-16 "...by Him we cry: "Abba (Aramaic for "Father"), Father." The Spirit Himself testifies with our spirit that we are God's children."