

Think about how focused your mind is with “things on the Earth”. Besides your job and family life, your mind can be occupied with fear-inducing headlines. Even when you sleep, your mind rehearses and consolidates all the thoughts you have had during the day. The mind is continually active, always seeking a focus which you must provide for it.

Paul acknowledged the struggle we have to keep our mind “set on things above, not on things on the Earth”. He wrote in Romans 12:2 of the need to renew the mind and, therefore, be transformed from an Earthly-centered life to a Heavenly-centered life. Jesus admonished His followers to “seek first the Kingdom of God” and allow God to order our Earthly concerns according to His will. (Matthew 6:33)

Think how different the world would be if every person centered their mind on the values of the Beatitudes (Matthew 5:3-12) and the fruit of the Spirit (Galatians 5:22-23). Keep your mind centered, one day at a time, on Heavenly things.

Colossians 3:2 “Set your mind on things above, not on things on the Earth.”