

Some people are experts at putting their demands on you, and trying to keep you doing and saying what makes them happy. They play upon a false sense of responsibility and thinking that says: "I need to keep them 'fixed' and cheered up. I need to call every day or they will get upset. If I show them how much I care, they will be my friends." You need to know that the only thing you really 'owe' people is to love them. That doesn't mean you need to keep everyone happy or let people put their demands on you. That is carrying a debt you don't owe. Always be respectful and kind, but if you go through life trying to please everyone, the one person who won't be happy is you. Come out from under that debt.

If people are controlling you, it is not their fault; it is yours. Don't allow them to. You need to make a change and have a boldness to follow what is in your heart. Go the extra mile, but don't be a people-pleaser. Be a God-pleaser.

Romans 13:8 "Owe no-one anything except to love one another, for he who loves another has fulfilled the law."