

Before meeting Christ, Paul could best be described as a 'hit man' for the Pharisees. From Jerusalem, he travelled around the area arresting Jews who had become followers of Christ, taking them to jail. (or worse - Acts 22:3-5) But all that changed when he met Jesus Christ on the road to Damascus.

As Paul and his associates travelled, a bright light from Heaven caused Paul to fall to the ground. (Acts 9:4) In the Bible, falling to the ground is a posture for worship. (Revelation 1:17; 4:10; 5:8; 7:11; 19:10; 22:8) However, Paul wasn't worshipping; he was just shocked and scared. However, it became an image for what he would be doing for the rest of his life: bowing his knee to the Lord Jesus Christ in worship. He fell to the ground in literal fear, but he lived the rest of his life in reverential fear - that is, in worship. When he discovered the true object of worship, it changed his life.

The more you worship the Most High triune God, the more your life will change.

Philippians 3:7 "But what things were gain to me, these I have counted loss for Christ."