

As believers, how do we cultivate a deep sense of God's presence? It is important to begin and end the day with the Lord, making time for silence, Bible reading, and prayer. Between getting up and retiring, we should learn to pray quietly about every aspect of our lives. We should seek God in all things, and should train ourselves to keep God always present in our minds.

If the evil in the world troubles you, imagine how much it concerns the Lord to see it too. But we are not alone. We have a faithful Defender, Friend, and Confidant who walks with us through life. He will guard us from Satan, the evil one. We have the presence of a faithful God enveloping us, day and night. In that thought we can rest.

2 Thessalonians 3:3 "But the Lord is faithful, who will establish you and guard you from the evil one."