

Negative news is all around us - how frightening a particular sickness is, how bad the economy is, how bleak the future looks. If you dwell on that, you are going to end up afraid, worried, and panicked, thinking you are not going to make it. It is a negative cycle that keeps drawing in more fear, more worry, and more defeat. It weakens you and drains your strength, your energy, and your passion.

Today's Scripture verse warns us to not think like unbelievers. Negative thinking is contagious. When worldly people are afraid, worried, and negative, as a believer you need to be on the offensive and say: "No! I know my God is still on the Throne. I will outlast whatever comes against me. I have strength in Christ for all things." At the start of the day, you need to set your mind for victory. Don't let just any thoughts play. You need to purposefully think power thoughts, victory thoughts, abundance thoughts, can-do thoughts. Keep honouring God, and He will defeat your enemies and keep you safe.

Isaiah 8:11-14 "The LORD has given me a strong warning not to think like everyone else does. He said: "Don't...live in dread of what frightens them. Make the Lord of Heaven's Armies holy in your life... He will keep you safe."