

In Biblical times, olive oil was the shepherd's great secret. He used it for making and dipping bread, for fuel for his lamp, as a lotion, and as an ointment for his own wounds and those of his sheep. A few drops of the lubricating fluid would relieve the hurt of a cut or bruise.

The Bible compares the Holy Spirit to oil. Jesus, the Good Shepherd, anoints us with this precious oil, and the Holy Spirit's invisible ministry to us gives us nourishment, brings a radiance to our face like a lotion, and heals our wounds. Rely on the Holy Spirit's ministering work each and every day.

Psalms 23:5 "You anoint my head with oil."