

We all face pressure and times when we feel overwhelmed - the obstacle or challenge looks too big, we never dreamed we would be dealing with a particular sickness, the trouble at work won't end etc. It is easy to feel as though we cannot take it anymore. However, today's Scripture verse says that when God designed you, He took into account everything you would face, every struggle, every unfair situation, every setback, and He put in you the strength, the courage, and the determination to withstand it.

When you feel as though the pressure is too much, it is because you are stronger than you think. You will never discover how strong you really are until you face pressure that you have never faced. It may seem unbearable, but the fact that God allowed it means you *can* handle it. He didn't say He would make a way of escape so you could run from it, but so you can "endure it". God wouldn't allow you to be exposed to that pressure if He hadn't designed you to handle it. You will always be able to bear whatever comes your way.

1 Corinthians 10:13 "No temptation has overtaken you that is not common to Man. God is faithful, and He will not let you be tempted beyond your ability, but with the temptation He will also provide the way of escape, that you may be able to endure it."