

We all encounter circumstances in our life which cause us to experience fear. These could be mental, physical, or spiritual struggles. The characters in the Bible were no exception. They too experienced fear. Think of the disciples rowing on the Sea of Galilee, or David battling against Goliath. Fear, and the courage to conquer it, are mentioned often in God's Word. However, it is important to remember the role of faith in conquering fear.

Joshua and Caleb were men of faith. When they and the other spies left Kadesh Barnea to enter the land of Canaan and inspect the land that God had given them, their cohorts were afraid. But not Joshua and Caleb. They didn't let fear keep them from God's plan for the people to enter the Promised Land. Nor did they let fear convince them to disobey His commands. While others rebelled against God, Joshua and Caleb remained steadfast in their faith in God and His promises, and they were eventually blessed because of it.

Deuteronomy 1:21, 30 says: "Do not fear or be discouraged.... The Lord your God...He will fight for you." Reflect upon the promises found in God's Word, and they will enable you to conquer all your fears. Remember, the only known antidote to fear is faith.

Deuteronomy 1:21 "Do not fear."