

The most important relationship you have is the relationship with yourself. Too many people don't like who they are. They focus on their faults, weaknesses, mistakes, and failures. They wish they were taller, thinner, had a better personality, and looked like someone else instead of accepting themselves as a masterpiece, fearfully and wonderfully made in the image of God. Then they wonder why they are not happy, and why they don't have good relationships. It is because they don't like themselves. If you don't get along with yourself, you are not going to get along with other people.

You cannot love others if you don't first love yourself. The best thing you can do for your family and friends is to be good to yourself, be kind to yourself, be merciful to yourself, be forgiving to yourself, and be loving to yourself. You are good to others, so why aren't you good to yourself? You don't criticize your family and friends, so why are you criticizing yourself? You compliment your co-worker, so why not compliment yourself? Start being good to yourself - that is not being selfish, that is loving yourself.

Mark 12:31 "The second most important commandment says: "Love others as much as you love yourself." No other commandment is more important than these."