

If you study the life of David, you know that he became an expert at forgiving others, at letting things go. He felt the sting of rejection of his father. When his oldest brother belittled him in front of others, the Scripture says: "David turned and walked away." Even after King Saul tried to kill him and David could have taken revenge, he forgave Saul, let it go, and moved forward into his destiny.

It is easy to hold on to offenses, to what someone said, to how they treated us, and let that cause us to be sour, angry, and bitter. It becomes a poison that contaminates our life. The Scripture says we need to develop a habit of forgiving daily, of living with this perpetual forgiveness. We forgive others as the Lord has forgiven us. We forgive so we can be free. We forgive so we can reach our full potential. When an offense comes, we don't let it in; we give it to God and let it go. When you release it, you will step into new levels of freedom, joy, and victory.

Colossians 3:13 "Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you."