

The apostle Paul says that if you see pressure, difficulties, and setbacks the right way, if you stay full of joy and don't get bitter, then that pressure is making you stronger. It is doing something inside you, getting you prepared for what God has in store. God knows how to put on and allow just the right amount of pressure so we don't get complacent, we don't put our faith on autopilot, but we keep stretching and growing.

Here is the key: Pressure is going to produce either faith, hope, and endurance, or it is going to produce discouragement, weakness, and a "cannot do it" attitude. The question is: What is the pressure producing in your life? Are you seeing it as negative, not fair, and letting it defeat you? Have a new perspective. See it as healthy pressure. It is there to help you grow, stay fresh, build your faith, and release your potential. Keep doing the right thing when it is difficult, being at peace in the pressure, and staying calm in the conflict. That pressure is about to launch you into a new level of your destiny.

Romans 5:3-4 "We can rejoice, too, when we run into problems and trials, for we know that they help us develop endurance. Endurance develops strength of character, and character strengthens our confident hope of salvation."