

Some of the things we struggle with didn't start with us. Studies show how some generational weaknesses - depression, addictions, anger, poverty, divorce, and low self-esteem - can be passed down through your family. You should not blame everything on the past, but you may struggle with negative baggage in your family line, something you inherited, a spirit being passed down.

You didn't choose to be raised in that difficult environment, to be looked down on, or to carry the weight of what was passed down - the guilt, the shame, the anxiety, the insecurity. But you need to deal with the consequences of it, and you may not be strong enough to break the generational baggage on your own. You have tried, but your willpower is not enough. The good news is that Jesus declares your freedom, your oppression being broken, your victory over whatever was unfairly put on you. If you receive it, He will defeat and overcome those very generational weaknesses. The enemies you see today, you will see no more!

Luke 4:18 "He has sent me to proclaim freedom for the prisoners and recovery of sight for the blind, to set the oppressed free..."