

Throughout his life, David had all kinds of reasons to live negative and discouraged - armies attacking, King Saul trying to kill him, people betraying him, and even his own son trying to take the kingdom from him. But when he could have been complaining, he made the decision in the midst of all that adversity: "These troubles and bad breaks are not going to take my joy and cause me to live sour. The Lord made this day for me to rejoice and be glad in it. I am not waiting until things improve - not until next week or next month. I am rejoicing *today*."

Anyone can be joyful when everything is going their way, and when they are getting good breaks. The test comes when people do you wrong, when life throws you a 'curve ball', when the medical report is not good etc. If you are going to keep your joy, you cannot wait to see how you feel or if things are going your way. You need to be proactive, take your stand as David did, and say: "My God made this day. Come what may, I will rejoice today."

Psalms 118:24 "This is the day the LORD has made; we will rejoice and be glad in it."