

What do you do when someone disrespects you, belittles you, gets angry with you and starts spewing poisonous words at you? Some people think that you should show them meekness, meaning that you let offensive people walk over you and always be their doormat. No! Meekness does *not* mean weakness. Meekness in the Scripture means strength under control.

You have the power and fortitude to stand your ground and let them know how you feel, but you know when to use it. You don't waste it getting upset, offended, and trying to pay people back. You realize you are not going to change the mind of someone who has unresolved issues and is full of turmoil. You keep your cool and overlook the offense; you ignore it, knowing the situation is going to turn out in your favour.

You cannot control what others say and do, but you can control your response. The meek control their emotions. The meek don't try to always prove and argue their case. The meek keep their strength under control.

Matthew 5:5 "Blessed are the meek, for they will inherit the Earth."