

The apostle Paul says that every time a negative thought comes to you, whether it is fear, worry, or doubt, you cannot be passive or complacent. You need to arrest that thought, you need to bring into captivity any thought that goes against what God says. It is an unwelcome intruder. It has no right to stay, making its home in your mind. You need to get your mental handcuffs out, lock it up, and send it away. To take it captive indicates forcefully and aggressively being on the offensive. Paul could have said: "Just don't think it. Don't pay it attention." But God is showing us how important it is that we be proactive, that if we are going to have a sound mind, a healthy mind, it is not going to happen automatically.

The Scripture says to "give no place to the enemy". Are there some intruders in your mind that you are allowing to stay? Are you giving place to negative, discouraging thoughts? It is time to start locking up those thoughts. Refuse to dwell on them. Refuse to let the negative play in your mind.

2 Corinthians 10:5 "...casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ...."