

Where would we be without the mercy, protection and goodness of our God? How can we thank Him enough for all the times when we could have suffered harm and danger, for all the times when He has spared us from all kinds of fear, heartache, and pain? He knows there are times when what comes against us is too much for us, too powerful, too strong. On our own, the sickness, the loss, the setback would overwhelm us. That is when He steps in. The Scripture says that when the enemy comes in like a flood, the Holy Spirit of God raises up a barrier. When the enemy attacks, when trouble catches you off guard, the Lord is your fortress, protecting you from danger. He is your light and salvation. He is looking out for you. You can live in peace. You can stay at rest. You don't need to face it on your own.

The reason we get afraid, worried, and uptight is because we are trying to do what only God can do. Yes, we need to use wisdom and have common sense, but some things are out of our control. So why be afraid?

Psalms 27:1 "The LORD is my light and my salvation - so why should I be afraid? The LORD is my fortress, protecting me from danger, so why should I tremble?"