

In Judges 6, an angel had just called Gideon a “mighty hero”, whom the Lord God was with, and told him to “go in this might of yours, and you shall save Israel from the hand of the Midianites.” You can tell from Gideon’s response that for years he had been feeding on thoughts of insecurity, doubt, and fear. He gave excuses for why he couldn’t do it, that his family wasn’t qualified, he wasn’t influential or talented enough, and he wasn’t a leader. Gideon was at a critical point. Was he going to keep feeding his excuses, or would he believe he *was* a mighty hero, and that he wasn’t lacking and could do what God said?

Gideon did what we all must do: He changed what he was feeding. Instead of feeding fear, he started feeding faith and courage. Instead of feeding insecurity, he started feeding the mighty hero. He changed his attitude from “I cannot do this.” to “God, You say it is so, and I believe Your Word.” Change what you are feeding on, and it will change you.

Judges 6:15 “‘But Lord’, Gideon replied, ‘how can I rescue Israel? My clan is the weakest in the whole tribe of Manasseh, and I am the least in my entire family!’”