

The word “pure” in the original Greek is where we get our word “catharsis” from, which means “cleansing, purifying”. After surgery, a catheter is a tube used to drain the toxins and infection out of the body. Today’s Scripture verse is saying that if you are going to see God, you need to keep the impurities out. When an offense comes, when insults and disrespect come, you need to make sure the ‘toxins’ are released and flow out. You cannot stop them from coming, but you can stop the toxins from staying.

The problem comes when we hold on to hurts, keep thinking about what someone said or how we were treated. Now our heart is not pure. There is unforgiveness, resentment, anger, or bitterness. That is why we cannot see God. Is your vision limited because you are not dealing with offenses properly? Is the favour on your life, the blessing, the creativity, the potential, not showing up like it should because you are holding on to hurts? The good news is, you will see things clear up if you start forgiving quickly, releasing the ‘toxins’, and making sure your heart stays pure.

Matthew 5:8 “Blessed are the pure in heart, for they will see God.”