

We all love the seasons when everything is going great and there is no pressure. But those seasons are few and far between. There are very few times when you are not dealing with some opposition that could have you stressed - people who are not for you, a neighbour who gets on your nerves, a problem that is not going away etc. You can have a dozen things going right, but there is that one thing you could easily worry about. But that one thing is what causes you to keep pressing forward. It is healthy tension.

God knows how to put on or allow just the right amount of pressure, so you don't get complacent and put your faith on autopilot, but you keep stretching, keep growing, so that you can reach the fullness of your destiny. The greatness God put in you is released when you are under pressure. Your potential comes out by going the extra mile, by being good to people who are not good to you, and by not letting the pressure cause you to shrink back. Instead, you dig down deeper - you press on and press in, knowing that God is getting you prepared for something greater.

Proverbs 24:10 "If you faint in the day of adversity, your strength is small."