Sometimes we try to 'play God' when someone talks negatively about us, or tries to push us down. We try to straighten them out, vindicate ourselves, and fix the situation. We are worried, frustrated, upset, and disappointed. Why don't you stop trying to control it? God doesn't need your help. He is not looking for you to stop the betrayals or fix the setbacks. No, release it. Let Him be God. You don't have to fight everything that looks like it is not going your way. If that adversity or disappointment was going to keep you from your purpose, God wouldn't have allowed it. He is ordering your steps, and nothing happens without His permission.

Are you resisting, trying to control everything, or are you resting in faith? Why don't you release it, and trust what God is doing? Stop worrying about it, stop losing sleep, and stop trying to make it happen your way. You may not understand it now, but one day you will see how God worked through that to get you to where you are supposed to be. It is always the hand of God ordering your steps.

Psalm 55:22 "Cast your burden on the Lord (release it) and He will sustain and uphold you; He will never allow the righteous to be shaken. (slip, fall, fail)"