Because of the sinful nature within us, our imaginations run toward evil as in the days of Noah. We must guard against external temptations, but the bigger problem is our own heart and mind. In the battle for our souls, the war with the flesh is prominent. It takes a deliberate, intentional effort to be filled with the Holy Spirit of God and with the Word of God.

Romans 8:13 says: "For if you live according to the flesh you will die; but if by the Holy Spirit you put to death the deeds of the body, you will live." Through Christ, you *can* be victorious if you never give up. Fill your mind with Scripture, and ask Him to fill your soul and spirit with His Holy Spirit of victory. Only the Holy Spirit can give us the desire, determination, and discipline to reject evil.

Genesis 6:5 "Then the Lord saw that the wickedness of Man was great in the Earth, and that every intent of the thoughts of his heart was only evil continually."