We all face moments when we dread what lies ahead - a difficult conversation, an uncertain future, or a problem we cannot solve. Jacob knew exactly how that felt. As he journeyed home with his sizeable family, he expected to meet the brother he had wronged years before, a man who now commanded a force of seasoned warriors.

That is when we find this strange verse in Genesis 32 - the angels of God met Jacob. We don't know anything more about the encounter, but Jacob named the spot Mahanaim, which means "two camps". He had his frightened clan of Earthly pilgrims, but around him was God's host of angelic helpers. Two camps - one visible and one invisible - were travelling together.

The angels of God are always camped around you too. They are God's messengers who stand ready to direct, strengthen, assist, protect, and encourage you. So no matter what you are facing, ask God to send His host to help you face your trouble.

Genesis 32:1-2 "So Jacob went on his way, and the angels of God met him. When Jacob saw them, he said: 'This is God's camp.' He called the name of that place Mahanaim."