Some believers have faith, hope, and trust, but find that worry doesn't want to leave. It is stubborn. Worrisome thoughts eat dinner with you, greet you first thing in the morning, and ride to work with you. We know God is on the throne, but we are still on edge. "What if I lose my job? What if my business goes down? What if I get sick? What if I fail?" All that worry is doing is causing you to be uptight and distracted from your purpose. It is time to serve worry an eviction notice. Let peace rule. Let hope rule. Let trust rule. Let faith rule. Every time worry comes back, use that as a reminder to thank God that He is working on what you are concerned about.

That means no more waking up with worry. When you get up in the morning, instead of letting worrisome thoughts play, wake up with declarations of hope, with words of faith, and with expressions of praise and gratitude. Worry cannot stay in a heart full of faith. Discouragement cannot stay in a heart full of gratitude. Negativity cannot stay in a heart full of hope.

Luke 12:25-26 "Can all your worries add a single moment to your life? If worry cannot accomplish a little thing like that, what is the use of worrying over bigger things?"